

fruits & cereals

seasonal fruits & berries  11-

cereals

special k, cheerios, corn flakes, raisin bran,
frosted flakes with whole, 2% or skim milk 5-

granola 

whole, 2% or skim milk 5-

granola parfait 

greek yogurt, honey almond granola, fresh berries,
wildflower honey 9-

steel-cut oatmeal 

candied walnuts, raisins, brown sugar 8-

stone-ground grits 

butter, cheddar cheese 6-

banana & berry smoothie 

greek yogurt, honey, orange juice, fresh berries 8-

egg classics

all egg dishes served with breakfast potatoes or fruit
egg whites available on all egg dishes

coastal morning*

two farm fresh eggs any style, bacon or sausage,
choice of toast 15-

traditional eggs benedict*

two soft poached eggs, canadian bacon,
toasted english muffin, hollandaise 16-

country scramble*

two buttermilk biscuits, sausage gravy,
cheesy scrambled eggs, coffee-bacon jam,
charred sweet pepper garnish 15-

create your own omelet* 

any combination of mushrooms, tomatoes, peppers,
asparagus, spinach, avocado, ham, cheese or bacon 17-

breakfast panini*

farm fresh eggs, fontina cheese, arugula,
griddled ham, warm tomato on sourdough with
roasted garlic aioli 16-

cuban benedict*

mojo pork belly, heirloom tomato, swiss cheese,
toasted cuban bread, grain mustard hollandaise 17-

italian benedict*

toasted ciabatta crostinis, warm capicola,
fresh buffalo mozzarella, pesto hollandaise 18-

specialties

amaretto french toast

toasted almonds, sweet mascarpone, banana,
warm maple syrup 15-

belgian waffle

"fresh off the iron", berry compote, whipped cream,
warm maple syrup 15-

buttermilk pancakes

"fresh off the griddle", choice of buttermilk or
loaded with blueberries, warm maple syrup 15-

smoked salmon

cream cheese, sliced tomato, capers, red onion,
toasted bagel 18-

opal skillet* 

braised short rib, sautéed onions & peppers,
provolone cheese, caramelized bacon & onion aioli,
two eggs any style 18-

sides

selection of low-fat, non-fat or
greek-style yogurt  5-

housemade potatoes  5-

fresh fruit & berries  7-

english muffin, toasted bread,
croissant, danish, muffin 4-

bagel & cream cheese 5-

applewood smoked bacon, ham, pork
sausage or chicken-apple sausage  6-

hydrations/barista

freshly squeezed juices

orange, grapefruit 6-

chilled juices

cranberry, apple, v8, tomato 4-

bloody mary or mimosa 11-

milk

whole, 2%, skim, soy, almond 4-

freshly brewed coffee regular, decaf 4-

espresso 5-

cappuccino or latte 6-

hot herbal teas 4-

 Gluten-Free

Some items on this menu contain ingredients that are not listed; please inform
your server of any food allergies or dietary restrictions before you place your order.
*Consumption of raw or undercooked food may result in an increased risk of foodborne illness.